

Long Flat School and Community



Flat Chat

www.longflat-p.schools.nsw.edu.au
longflat-p.school@det.nsw.edu.au
Ph 6587 4255



Week 1 Term 4 Friday, 14 October 2022

Dear Long Flat school community,

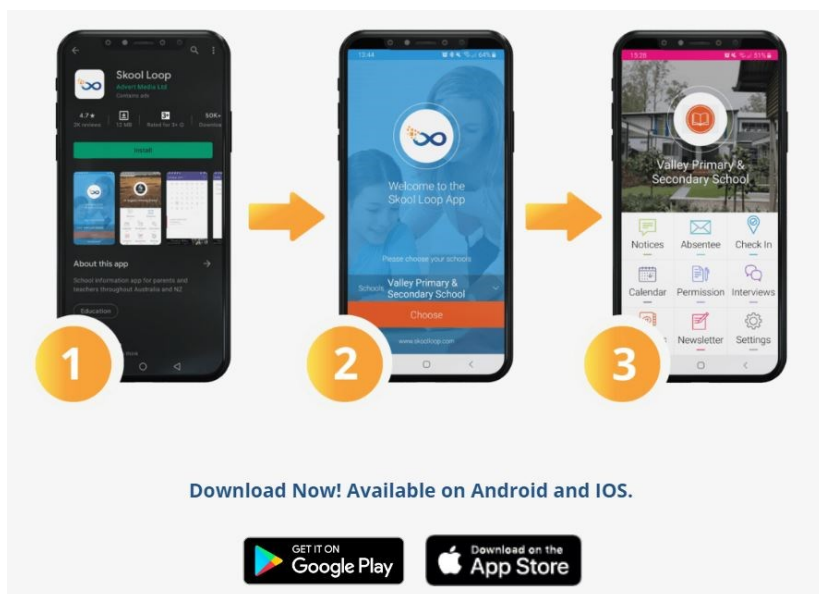
Welcome back to Term 4. I hope that everybody had a safe, happy and enjoyable term break.

This term, we find ourselves busily preparing for camp and excursion, swimming, soccer gala day, bucket drumming and musical!

Next Friday at 2:30pm we have our school assembly, then at 3:15pm we have a P&C meeting. If you can spare some time, come along and be involved in this rewarding and supportive group.

We have developed an updated Bushfire and Grassfire Plan in line with new government classifications – the biggest change to our school is that we have been upgraded from category 3 to category 2, which means that if a 'catastrophic' fire warning is issued for our area, school will be non-operational the following day. Community will be contacted primarily through our 'Skool Loop' application.

- (1) Download
- (2) Choose Long Flat Public School
- (3) Communicate



Lastly, a big thank you to Mr Kerry Hollis, our General Assistant. Kerry has worked tirelessly over the past 25 years to keep our school looking beautiful. He has submitted his retirement and we wish him well. On behalf of the staff and students, we thank you, Kerry, for everything that you have done and continue to do for our school.

Kind regards and thank you for your continued partnership.

Sam Small

Relieving Principal



Ideas for Creating a Growth Mindset Environment at Home Part 1:

Parents Work Toward a Growth Mindset for Themselves

We can't expect our children to have a growth mindset if we don't have one ourselves. Recognise fixed mindset thinking in yourself and talk yourself into a growth mindset. This can also be done out loud so that your child can hear how you are changing your mindset.

For example, you might catch yourself saying, "I can't figure out how to fill out this document." Then quickly rephrase it to add, "I think I need to check on the website or call the bank so I can ask some questions, then I'm sure I will be able to fill it out accurately."

- Be aware of your own fixed mindset statements such as "I am a terrible cook", "I was never good at maths either" or "I wish I could play the piano like you do".
- Be aware of blaming genetics for anything - both positive and negative.
- Be careful about comparing your kids to their siblings or other kids.

We want our children to enjoy the process of learning - not just be successful. Model this concept at home. For example, after a less than desirable outcome trying to bake something challenging, you might say "I really learned a lot making those biscuits" rather than "Ugghh, what a waste of time. That was an epic fail. I will never try that recipe again."



Some pictures from the year 6 to 7 transition day this week.



Students with Merit Certificates

| Coming Events | | | |
|---------------|--------------------------------------|------------|--------------------------------|
| 18 October | Library van | 26 October | Year 6/7 transition after-noon |
| 20 October | Preschool Transition | 27 October | Preschool transition |
| 20 October | Proud reward day Dress up & Disco | 28 October | K-2 Excursion |
| 21 October | Assembly 2:30 | 28 October | Swimming |
| 21 October | P&C meeting 3:15 | 3 November | Soccer Gala Day |
| 26 October | Years 3-6 camp | 4 November | Swimming |

Save the Dates in December!

13th -Year 6 Farewell and whole school disco

14th -Matinee musical performance

15th -Special awards assembly

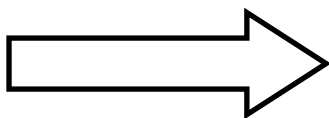
16th -Musical and X-mas tree night



Book Club Issue 7 is open now

Catalogues will be sent home once they arrive at the school. If you can't wait for the catalogue you can view it and order online!

Click on the link



JOIN OUR 2023 TEAM



Gymaroo Allstars is now seeking athletes to join our 2023 Allstars Competitive Cheerleading Team!

Ages 8yrs and over. All experience levels welcome.

Free trial. \$10 PCYC Membership.

Come and join the fastest growing competitive sport in Australia!



TRIAL NIGHTS

20 OCT/3 NOV/17 NOV
5.30-6.30PM

TRYOUTS

ROUND 1 - 17 DEC 22
ROUND 2 - 7 JAN 23

BOOKINGS & INFO

COACH HANNAH
0407 544 248

PCYC Taree - 95 Commerce St, Taree

WWW.GYMAROOALLSTARS.COM